

LIPODYSTROPHY PHYSICAL EXAMINATION

1. Height:

_____ cm
HEIGHTM_41

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

2. Mid-Arm Girth:

_____ cm
LDMID_41

2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

(see instructions)

3. Chest Girth:

_____ cm
LDCHE_41

1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

4. Waist Girth:

_____ cm
LDWAI_41

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

5. Hip Girth:

_____ cm
LDHIP_41

1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

6. Thigh Girth

_____ cm
LDTHI_41

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

7. Thigh Skinfold:

_____ mm
SKFTH_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

1a. Calf Girth:

_____ cm
LDCLF_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

2a. Triceps Skinfold:

_____ mm
SKFTR_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

3a. Subscapular Skinfold:

_____ mm
SKSBS_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

4a. Biceps Skinfold:

_____ mm
SKFBI_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

5a. Breast Skinfold:

_____ mm
SKFBR_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

6a. Abdominal Skinfold:

_____ mm
SKFAB_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

7a. Suprailiac Skinfold:

_____ mm
SKSIL_41

1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

8. Fat Wasting (see severity definitions below):

If None, go to next question. If Yes, indicate severity of symptom.

None Yes

- 1) Facial fat loss (sunken cheeks)
- 2) Arms
- 3) Legs
- 4) Buttocks

FWFAC_41
FWARM_41
FWLEG_41
FWBUT_41

_____ Severity* _____

Mild Moderate Severe

<input type="radio"/>	SWFAC_41	<input type="radio"/>
<input type="radio"/>	SWARM_41	<input type="radio"/>
<input type="radio"/>	SWLEG_41	<input type="radio"/>
<input type="radio"/>	SWBUT_41	<input type="radio"/>

9. Fat Accumulation:

If None, go to next question. If Yes, indicate severity of symptom.

None Yes

- 1) Moon facies
- 2) Abdomen
- 3) Back of Neck
- 4) Breasts

FAMOO_41
FAABD_41
FANCK_41
FABRS_41

_____ Severity* _____

Mild Moderate Severe

<input type="radio"/>	SWMOO_41	<input type="radio"/>
<input type="radio"/>	SWABD_41	<input type="radio"/>
<input type="radio"/>	SWNCK_41	<input type="radio"/>
<input type="radio"/>	SWBRS_41	<input type="radio"/>

10. Other physical exam findings noted related to fat distribution:

Specify: **Percentage of body fat** **PCFAT_41**

* Definitions:

- None: Patient does not exhibit any signs of fat maldistribution. (Not noted by patient or clinician)
Mild: Mild signs noted only after close inspection by patient or clinician.
Moderate: Signs of fat maldistribution are noticed by patient or clinician without specifically looking for it. Patient may complain that current clothing has become tighter.
Severe: Signs of fat maldistribution easily noted by casual observer. Symptoms have required a change in size of clothing or undergarments worn.