


LIPODYSTROPHY PHYSICAL EXAMINATION

1. Height:  cm
HEIGHTCM_42

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

2. Mid-Arm Girth:  cm
LDMID_42

(2)	(2)	(2)
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

(see instructions)

3. Chest Girth:  cm
LDCHE_42

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

4. Waist Girth:  cm
LDWAI_42

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)

5. Hip Girth:  cm
LDHIP_42

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9

(see instructions)


6. Thigh Girth:  cm
LDTHI_42

2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9


(see instructions)

7. Thigh Skinfold:  mm
SKFTH_42


2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

1a. Calf Girth: (local option)
 cm
LDCLF_42

2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

2a. Triceps Skinfold:
 mm
SKFTR_42

2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

3a. Subscapular Skinfold:
 mm
SKSBS_42

2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

4a. Biceps Skinfold:
 mm
SKFBI_42


2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

5a. Breast Skinfold:
 mm
SKFBR_42

2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

6a. Abdominal Skinfold:
 mm
SKFAB_42

2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

7a. Suprailiac Skinfold:
 mm
SKSIL_42

2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

8. Fat Wasting (see severity definitions below):

If None, go to next question. If Yes, indicate severity of symptom.

None Yes

Severity* Mild Moderate Severe

1) Facial fat loss (sunken cheeks)

FWFAC_42

SWFAC_42

2) Arms

FWARM_42

SWARM_42

3) Legs

FWLEG_42

SWLEG_42

4) Buttocks

FWBUT_42

SWBUT_42

9. Fat Accumulation:

If None, go to next question. If Yes, indicate severity of symptom.

None Yes

Severity* Mild Moderate Severe

1) Moon facies

FAMOO_42

SWMOO_42

2) Abdomen

FAABD_42

SWABD_42

3) Back of Neck

FANCK_42

SWNCK_42

4) Breasts

FABRS_42

SWBRS_42

10. Other physical exam findings noted related to fat distribution:

PCFAT_42

Specify:

* **Definitions:**

None: Patient does not exhibit any signs of fat maldistribution. (Not noted by patient or clinician)

Mild: Mild signs noted only after close inspection by patient or clinician.

Moderate: Signs of fat maldistribution are noticed by patient or clinician without specifically looking for it. Patient may complain that current clothing has become tighter.

Severe: Signs of fat maldistribution easily noted by casual observer. Symptoms have required a change in size of clothing or undergarments worn.