

LIPODYSTROPHY PHYSICAL EXAMINATION

1. Height:

HEIGHCM_49

(1)	(1)	(1)	(1)	REFUSED
(2)	(2)	(2)	(2)	
(3)	(3)	(3)	(3)	
(4)	(4)	(4)	(4)	
(5)	(5)	(5)	(5)	
(6)	(6)	(6)	(6)	
(7)	(7)	(7)	(7)	
(8)	(8)	(8)	(8)	
(9)	(9)	(9)	(9)	

(see instructions)

2. Mid-Arm Girth:

LDMID_49

(1)	(1)	(1)	REFUSED
(2)	(2)	(2)	
(3)	(3)	(3)	
(4)	(4)	(4)	
(5)	(5)	(5)	
(6)	(6)	(6)	
(7)	(7)	(7)	
(8)	(8)	(8)	
(9)	(9)	(9)	

(see instructions)

3. Chest Girth:

LDLCE_49

(1)	(1)	(1)	(1)	REFUSED
(2)	(2)	(2)	(2)	
(3)	(3)	(3)	(3)	
(4)	(4)	(4)	(4)	
(5)	(5)	(5)	(5)	
(6)	(6)	(6)	(6)	
(7)	(7)	(7)	(7)	
(8)	(8)	(8)	(8)	
(9)	(9)	(9)	(9)	

(see instructions)

4. Waist Girth:

LDWAI_49

(1)	(1)	(1)	(1)	REFUSED
(2)	(2)	(2)	(2)	
(3)	(3)	(3)	(3)	
(4)	(4)	(4)	(4)	
(5)	(5)	(5)	(5)	
(6)	(6)	(6)	(6)	
(7)	(7)	(7)	(7)	
(8)	(8)	(8)	(8)	
(9)	(9)	(9)	(9)	

(see instructions)

5. Hip Girth:

LDHIP_49

(1)	(1)	(1)	(1)	REFUSED
(2)	(2)	(2)	(2)	
(3)	(3)	(3)	(3)	
(4)	(4)	(4)	(4)	
(5)	(5)	(5)	(5)	
(6)	(6)	(6)	(6)	
(7)	(7)	(7)	(7)	
(8)	(8)	(8)	(8)	
(9)	(9)	(9)	(9)	

(see instructions)

6. Thigh Girth

LDTHI_49

(1)	(1)	(1)	(1)	REFUSED
(2)	(2)	(2)	(2)	
(3)	(3)	(3)	(3)	
(4)	(4)	(4)	(4)	
(5)	(5)	(5)	(5)	
(6)	(6)	(6)	(6)	
(7)	(7)	(7)	(7)	
(8)	(8)	(8)	(8)	
(9)	(9)	(9)	(9)	

(see instructions)

LIPODYSTROPHY MEASURER CODE

LPEXN_49

(1)	(1)	(1)	REFUSED
(2)	(2)	(2)	
(3)	(3)	(3)	
(4)	(4)	(4)	
(5)	(5)	(5)	
(6)	(6)	(6)	
(7)	(7)	(7)	
(8)	(8)	(8)	
(9)	(9)	(9)	

7. Fat Wasting (see severity definitions below):

If None or Refused, go to next question.
If Yes, indicate severity of symptom.

Refused None Yes

Severity*
Mild Moderate Severe

- 1) Facial fat loss (sunken cheeks)
- 2) Arms
- 3) Legs
- 4) Buttocks

FWFAC_49

FWARM_49

FWLEG_49

FWBUT_49

SWFAC_49

SWARM_49

SWLEG_49

SWBUT_49

8. Fat Accumulation:

If None or Refused, go to next question.
If Yes, indicate severity of symptom.

Refused None Yes

Severity*
Mild Moderate Severe

- 1) Moon facies
- 2) Abdomen
- 3) Back of Neck
- 4) Breasts

FAMOO_49

FAABD_49

FANCK_49

FABRS_49

SWMOO_49

SWABD_49

SWNCK_49

SWBRS_49

* Definitions:

- None:** Patient does not exhibit any signs of fat maldistribution. (Not noted by patient or clinician)
- Mild:** Mild signs noted only after close inspection by patient or clinician.
- Moderate:** Signs of fat maldistribution are noticed by patient or clinician without specifically looking for it. Patient may complain that current clothing has become tighter.
- Severe:** Signs of fat maldistribution easily noted by casual observer. Symptoms have required a change in size of clothing or undergarments worn.

Q7. Fat Wasting:

The examiner observes and grades the lipoatrophy (both facial and limb) according to the following standards:

For facial lipoatrophy:

- a) mild — clearly visible deepened nasolabial folds
- b) moderate — evidence of "hollowing out" of cheeks
- c) severe — hollowed cheek areas with underlying muscle clearly visible

PCFAT_49
center option

For limb (arms and legs) lipoatrophy:

- a) mild — increased prominence of veins
- b) moderate — increased prominence of both veins and muscles
- c) severe — a + b with overall thinning appearance of the limb

9. Other physical exam findings noted related to fat distribution:

Specify: