











# LIPODYSTROPHY PHYSICAL EXAMINATION

## 1. Height:

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

inches

(see instructions)

## 2. Chest Girth:

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

cm

(see instructions)

## 3. Waist Girth:

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

cm

(see instructions)

## 4. Hip Girth:

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

cm

(see instructions)

## 5. Mid-Arm Girth:

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

cm

(see instructions)

## 6. Thigh Girth

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

cm

(see instructions)

## 7. Fat Wasting (see severity definitions below):

*If None, go to next question. If Yes, indicate severity of symptom.*

None

Yes

Severity\*

Mild

Moderate

Severe

1) Facial fat loss (sunken cheeks)






2) Arms






3) Legs






4) Buttocks






## 8. Fat Accumulation:

*If None, go to next question. If Yes, indicate severity of symptom.*

None

Yes

Severity\*

Mild

Moderate

Severe

1) Moon facies






2) Abdomen






3) Back of Neck






4) Breasts






## 9. Other physical exam findings noted related to fat distribution:

Specify:

### \* Definitions:

None: Patient does not exhibit any signs of fat maldistribution. (Not noted by patient or clinician)

Mild: Mild signs noted only after close inspection by patient or clinician.

Moderate: Signs of fat maldistribution are noticed by patient or clinician without specifically looking for it. Patient may complain that current clothing has become tighter.

Severe: Signs of fat maldistribution easily noted by casual observer. Symptoms have required a change in size of clothing or undergarments worn.