## **SECTION TWO**

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1. On what date were you born?					
JAN	$\bigcirc$	D/	ΑY	YE	AR
FEB	Ŏ				
MAR	$\bigcirc$	0	0	0	0
APR	$\bigcirc$	10	1	10	1
MAY	$\bigcirc$	20	2	20)	2
JUNE	$\bigcirc$	30	3	30	3
JULY	$\bigcirc$		4	40	4
AUG	$\bigcirc$		(5)	50	(5)
SEPT	$\bigcirc$		6	60	6
OCT	$\bigcirc$		7	70	7
NOV	$\bigcirc$		8	80	8
DEC	$\bigcirc$		9	90	9

2. T(	)D/	<b>4Y</b> ′	S E	)A	ſΕ
JAN	0	D/	ΔY	YE	AR
FEB	0				
MAR	$\bigcirc$	0	0	00	
APR	$\bigcirc$	10	1	01	
MAY	$\bigcirc$	20)	2	02	
JUNE	$\bigcirc$	30	3	03	
JULY	$\bigcirc$		4	04	
AUG	$\bigcirc$		(5)	05	
SEPT	$\bigcirc$		6	06	
OCT	$\bigcirc$		7	07	
NOV	$\bigcirc$		8	08	
DEC	$\bigcirc$		(	na	

3. What is your current employment status?  PLEASE MARK ALL THAT APPLY TO YOU.
<ul> <li>○ Working full-time (35 hours or more per week)</li> <li>○ Working part-time (less than 35 hours per week)</li> <li>○ Unemployed but seeking work</li> <li>○ Unemployed, not seeking work</li> <li>○ Student (either full-time or part-time)</li> <li>○ Retired</li> <li>○ Disability</li> </ul>

4. Are you self	-employed?		
○ No	○ Yes		

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	MAKE
	NIO
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	IVIARNO

## **SECTION THREE**



- Make dark marks that fill the circle completely.
- Make clean erasures.
- Make NO stray marks.
- Do NOT fold this form.

For each of the following statements, mark the circle in the column that best describes how often you felt or behaved this way during the past week.	RARELY OR NONE OF THE TIME	SOME OR A LITTLE OF THE TIME	OCCASIONALLY OR A MODERATE AMOUNT OF TIME	MOST OR ALL OF THE TIME
you left of behaved this way during the past week.	(Less than 1 day)	(1–2 days)	(3–4 days)	(5–7 days)
a. I was bothered by things that usually don't bother me.	0	0	0	0
b. I did not feel like eating, my appetite was poor.	0	0	0	0
c. I felt that I could not shake off the blues even with help from my friends or family.	0	0	0	0
d. I felt that I was just as good as other people.	0	0	0	0
e. I had trouble keeping my mind on what I was doing.	0	0	0	0
f. I felt depressed.	0	0	0	0
g. I felt that everything I did was an effort.	0	0	0	0
h. I felt hopeful about the future.	0	0	0	0
i. I thought my life had been a failure.	0	0	0	0
j. I felt fearful.	0	0	0	0
k. My sleep was restless.	0	0	0	0
I. I was happy.	0	0	0	0
m. I talked less than usual.	0	0	0	0
n. I felt lonely.	0	0	0	0
o. People were unfriendly.	0	0	0	0
p. I enjoyed life.	0	0	0	0
q. I had crying spells.	0	0	0	0
r. I felt sad.	0	$\circ$	0	$\circ$
s. I felt that people disliked me.	0	0	0	0
t. I could not get "going."	0	0	0	0

## PLEASE ANSWER THE NEXT QUESTIONS TO THE BEST OF YOUR ABILITY.

2. Overall, how do you feel about your life as a whole?  Delighted Pleased Mostly satisfied Mixed (about equally satisfied and dissatisfied) Mostly dissatisfied Unhappy Terrible
3. During the past month, how often have you been waking up fresh and rested?  None of the time Rarely Less than half the time Fairly often Most every day Every day
4. Some people feel they can run their lives much the way they want to. Others feel that the problems of life are sometimes too big for them. Which of these best describes you? O I can run my own life The problems of life are too big
<ul> <li>5. When comparing yourself to others, would you agree that the statement, "I feel that I am a person of worth, at least as much as others" is:</li> <li></li></ul>
6. Is there someone you can talk to about things that are important to you – someone you can count on for understanding and support?  One Yes, there's one person like that Of or 3 people like that Of or more people like that Of or more people like that

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